

# *Saturday, March 3rd, 2018*

## **Session One: Levels 1 & 2 (All Divisions)**

*Modified Traditional Format*  
8:00-8:15am Open Stretch  
8:15-8:25am 1<sup>st</sup> Event warm-up  
8:25-8:35am March In and National Anthem  
8:35-9:45am Warm-ups/Competition  
9:45am Awards

## **Session Two: Levels 3, 4, 5 & 6 (All Divisions)**

*Modified Traditional Format*  
10:00-10:15am Open Stretch  
10:15-10:25am 1<sup>st</sup> Event warm-up  
10:25-10:35am March In  
10:35am-1:00pm Warm-ups/Competition  
1:00pm Awards

## **Session Three: Xcel Bronze – Elite/Novice/Intermediate**

*Modified Traditional Format*  
1:30-1:45pm Open Stretch  
1:45-1:55pm 1<sup>st</sup> Event warm-up  
1:55-2:05pm March In  
2:05-4:00pm Warm-ups/Competition  
4:00pm Awards

## **Session Four: Xcel Bronze – Advanced**

*Modified Traditional Format*  
4:15-4:30pm Open Stretch  
4:30-4:40pm 1<sup>st</sup> Event warm-up  
4:40-4:50pm March In  
4:50-6:15pm Warm-ups/Competition  
6:15pm Awards

## **Session Five: Xcel Platinum (All) and Xcel Gold – Novice/Intermediate**

*Modified Traditional Format*  
6:45-7:00pm Open Stretch  
7:00-7:15pm 1<sup>st</sup> Event warm-up  
7:15-7:25pm March In  
7:25-9:15pm Warm-ups/Competition  
9:15pm Awards

# *Sunday, March 4<sup>th</sup>, 2018*

## **Session Six: Xcel Gold –Advanced/Elite**

*Modified Traditional Format*

*9:00-9:15am Open Stretch*

*9:15-9:30am 1<sup>st</sup> Event warm-up*

*9:30-9:40am March In and National Anthem*

*9:40-12:00pm Warm-ups/Competition*

*12:00pm Awards*

## **Session Seven: Xcel Silver – Advanced**

*Modified Traditional Format*

*12:30-12:45pm Open Stretch*

*12:45-1:00pm 1<sup>st</sup> Event Warm-up*

*1:00-1:10pm March In*

*1:10-3:00pm Warm-ups/Competition*

*3:00pm Awards*

## **Session Eight: Xcel Silver – Novice/Intermediate/Elite**

*Modified Traditional Format*

*3:15-3:30pm Open Stretch*

*3:30-3:45pm 1<sup>st</sup> Event Warm-up*

*3:45-3:55pm March In*

*3:55-6:00pm Warm-ups/Competition*

*6:00pm Awards*