

Day Camps

We offer day camps when Hickory City and/or Catawba County school systems are out for teacher workdays for an additional fee.

We also offer day camps for holidays and snow days that our facility is open.

Pre-registration is required for day camps to allow for proper staffing. A walk in fee will be added, if space is available, for walk ins.



The Foothills Gymnastics Staff looks forward to serving your family!

*Three Year old class

3 days, 4 days, or 5 days

*Four year old class

3 days, 4 days, or 5 days

*Five year old class

3 days, 4 days, or 5 days

You choose the number of days and which days you attend

PRICES

3 days \$45 a week/\$41 sibling

4 days \$56 a week/\$48 sibling

5 days \$65 a week/\$55 sibling

Add \$12 per week for a gymnastics class.

Credit card on file will be charged each Friday

Registration fee is \$50



Foothills Gymnastics Training Center
920 29th Avenue NE
Hickory, NC 28601
828.328.3794

www.foothillsgymnastics.com

Foothills Preschool Program

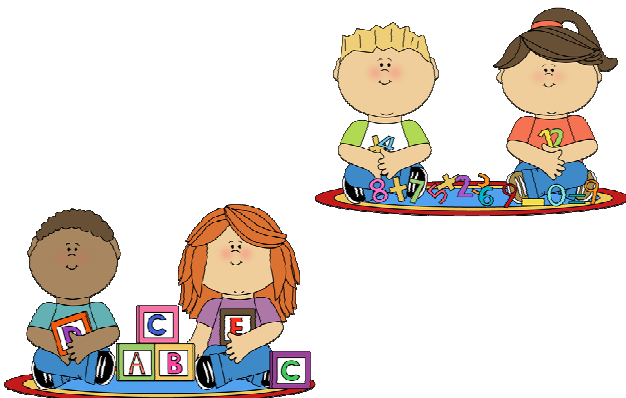
Ages 3 years - 5 years



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We would like to introduce you to our newest program here at our facility, our Preschool Program.

We hope to provide your child with a comfortable and safe environment in which to thrive. We feel confident that the children will have a great time learning and growing!



Program Highlights:

** Monday– Friday 9am-12:30pm

** We follow Hickory City school calendar

** School Readiness Skills

—Literacy skills

—Land of the Letter People curriculum

—Social skills

** Developmentally appropriate practices

** Add a gymnastics class once a week for additional fee

Meet our staff

Shirley Griggs– Director/Teacher

Shirley has a BA in Elementary Education. She has been a director of preschool for 12 years. She has been the lead teacher in a 4 year old class for 21 years. Currently, she is the director of our afterschool and preschool programs here at Foothills Gymnastics.

Brook Eckard- Substitute Teacher

Brook was a teachers assistant for two years in a transitional kindergarten class. She has been lead teacher in a 1 yr & 2 yr old combo class for one year. She has also worked in our after school program and summer camps for multiple years. She has worked in our preschool program for 2 years.



A child's world is one of exploration and discovery. We provide an environment filled with “Hands-On” activities and a setting in which children experience the joy of learning while establishing independence, security, and personal responsibility.

We are committed to providing a nurturing program that recognizes and enhances a child's mental, social, emotional, and physical growth.

We will help guide children in developing an awareness of self, others, and the natural environment.



We believe the early enlightenment of children establishes the foundation upon which a positive self-concept develops through interactions with family, teachers, and peers.

Our goal is to meet children at their own level of growth and promote positive development.